



OMI Senior Center

2021 YEAR-END IMPACT REPORT

ABOUT

Catholic Charities OMI Senior Center located in San Francisco's Oceanview, Merced, and Ingleside neighborhoods offers a safe and welcoming location for seniors and disabled adults. This diverse, safe, and multi-purpose community center offers a daily hot, nutritious lunch, daily fitness activities such as exercise classes, dance, walking groups, and Tai Chi. Social activities include karaoke, creative arts and crafts, gardening, and competitive games challenge the mind and allow individuals to learn about each other while having fun. Additionally, OMI offers computer classes, community and educational field trips and seminars, and multicultural celebrations.

OMI Senior Center also offers on-site case management services from qualified staff who create personal care plans for each individual to connect them to appropriate community services and resources that can include home care, meal delivery, adult day programs, environmental safety checks, patient advocacy, mental health counseling and psychological, emotional, and spiritual support.

The OMI Senior Center provides programming that helps seniors and adults with disabilities stay physically, mentally, and socially active while residing in the community.

SERVICES

- Case management
- Socialization activities for seniors including computer lab and classes, dance class, arts and crafts, field trips, and games
- Information and referral
- Weekly food distribution
- Daily hot lunches

682 INDIVIDUALS SERVED, 97% OVER 60 YEARS OF AGE

IMPACT

259k

pounds of food distributed weekly with SF Marin Food Bank

94%

feel as healthy or healthier since participating in the program

94%

report alleviated isolation from socialization opportunities at the program

94%

maintained or improved their independence

COVID-19 had a significant impact on the number of clients we served during 2021 due to state and county shelter-in-place ordinances that temporarily closed some of our programs as we worked to keep our clients and employees as safe and healthy as possible.